

# Five Essentials For Spiritual Growth



**2 Peter 3:18**

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## **I. Spiritual Food Is Essential For Growth**

- If we are going to grow spiritually, we must not live by bread alone. (Matthew 4:4)**
- If we are going to grow spiritually, we must desire the pure milk of the word, so that we can grow thereby. (1 Peter 2:2)**
- If we are going to grow spiritually, it is essential for us to feed upon spiritual food, lest we become spiritually malnourished. (Hebrews 5:12-14)**

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## **II. Regular Spiritual Exercise Is Essential For Growth**

- If we are going to grow spiritually, we need to exercise ourselves toward godliness. (1 Timothy 4:7)**
- Searching the Scriptures daily is a form of spiritual exercise. (Acts 17:11)**
- If we are going to grow spiritually, we must study the Scriptures. (2 Timothy 2:15)**
- Let's all engage in regular spiritual exercise by meditating day and night upon God's word, and let's grow spiritually. (Psalm 1:1-3)**

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## **III. A Good Environment Is Essential For Growth**

- If we are going to grow spiritually, we must avoid evil company which corrupts good habits or good morals. (1 Corinthians 15:33)**
- If we are going to mature and grow spiritually, we must avoid the path of the wicked. (Proverbs 4:14-15)**
- If we are going to grow spiritually, we must choose our friends wisely. (Proverbs 12:26)**
- Seek to grow spiritually, remembering, he who walks with wise men will be wise. (Proverbs 13:20)**

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## **IV. The Right Temperature Is Essential For Growth**

- If we are going to grow spiritually, we must have a zeal that is on fire for the Lord. (Romans 12:11)**
- Know that being lukewarm makes the Lord sick. So, seek to have the right temperature, and be one who is zealous for the Lord. (Revelation 3:14-16)**

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## V. Frequent Spiritual Self-Examinations Are Essential For Spiritual Growth

- The inspired apostle Paul understood that spiritual self-examinations are essential for one's spiritual growth. (2 Corinthians 13:5)
- If we are going to grow spiritually, we must often consider and examine our ways. (Haggai 1:5)
- Let's all engage in spiritual self-examinations, let's think about our ways, and let's not delay to make needed changes. (Psalm 119:59-60)

# What Must I Do To Be Saved?

- **Hear the word of God. (Romans 10:17)**
- **Believe in Jesus Christ. (John 8:24)**
- **Repent of your sins. (Luke 13:3, 5)**
- **Confess Jesus Christ. (Romans 10:9-10)**
- **Be baptized for the remission of sins. (Acts 2:38)**
- **Remain faithful unto death. (Revelation 2:10)**