

A photograph of a sunset over the ocean. The sun is a bright yellow-orange orb positioned in the upper center of the frame, just above the horizon. The sky is a gradient of colors, from a pale yellow near the sun to a deep orange and then a dark blue at the top. The ocean below is dark blue with white-capped waves. The text "Keep On Keeping On!" is written in a bold, yellow, sans-serif font with a black outline, centered horizontally across the middle of the image.

Keep On Keeping On!

When The Going Gets Tough, Remember To...

- Believe in what you are doing, and forget not why you are doing it. (Acts 27:25; Titus 1:2; Hebrews 11:6)**
- Keep your focus on Jesus, and not on the wind and the waves. (Matthew 14:28-30; Hebrews 12:1-2)**
- Forget those things which are behind and reach forward to those things which are ahead, and press on. (Philippians 3:13-14)**
- Focus on, and forget not, your many blessings, rather than focusing on your troubles. (Psalm 103:1-5)**

When The Going Gets Tough, Remember To...

- Pray to God (i.e. talk to Him) often, persistently, and fervently. (Luke 18:1-8; Philippians 4:6-7; James 5:16)**
- Encourage yourself, and seek to be an encouragement to others. (1 Samuel 30:6; Romans 14:19; 1 Thess. 5:9-11)**
- Never grow weary in doing good, and always keep on keeping on. (Galatians 6:9; 2 Thess. 3:13; 2 Timothy 4:7)**

What Must I Do To Be Saved?

- **Hear the word of God. (Romans 10:17)**
- **Believe in Jesus Christ. (John 8:24)**
- **Repent of your sins. (Acts 17:30)**
- **Confess Jesus Christ. (Matthew 10:32)**
- **Be baptized for the remission of sins. (Acts 2:38)**
- **Remain faithful unto death. (Revelation 2:10)**